

# Woodland SD 50 Elementary & Intermediate

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Winter Break	Winter Break	Winter Break	Winter Break
7	8	9	10	11
Non Attendance Day	Spicy Chicken Sandwich or Grilled Cheese Sandwich Fruits & Veggies	Nacho Supreme w/Taco Meat & Shredded Cheese Or Max Cheese Sticks Black Bean & Corn Salsa Fruits & Veggies	Finger Fun French Toast Sticks or Chicken Tenders Crispy Tri-Tater Fruit & Veggies	Cheesy Burger or Cheese Quesadilla Fresh Coleslaw Fruits & Veggies
14	15	16	17	18
Soft Tacos w/Taco Meat & Shredded Cheese or Buttermilk Pancakes w/Sausage Patty Fruit & Veggies	Chicken Nuggets or Homemade Mac & Cheese Steamed Broccoli Fruit & Veggies	Cheese Pizza on a Whole Grain Crust or Chicago Style Hot Dog Fruit & Veggies	Chicken Sandwich or Southwest Black Bean Tacos Baked Potato Rounds Fruit & Veggies	Homemade Turkey & Gravy on a Whole Grain Biscuit or Max Cheese Sticks Fruit & Veggies
21	22	23	24	25
No School Martin Luther King Day	Nacho Supreme w/Taco Meat & Shredded Cheese or Max Cheese Sticks Fruit & Veggies	Cheesy Garlic Flatbread or Salisbury Steak w/Smashed Potatoes and Gravy & Roll Fruit & Veggies	Baked Pasta with Mozzarella Cheese & Garlic Bread or Cheesy Burger Fruit & Veggies	Cheese Pizza or Mini Corn Dogs Spicy Garlic Lime Edamame Fruit & Veggies
28	29	30	31	
Max Cheese Sticks or Chicken Sandwich Fresh Coleslaw Fruit & Veggies	Soft Tacos w/Taco Meat & Shredded Cheese or Stuffed Crust Cheese Pizza Fruit & Veggies	Cheese Quesadilla or Mini Corn Dogs Refried Beans Fruit & Veggies	Chicken Nuggets or Homemade Mac & Cheese Steamed Broccoli Fruit & Veggies	

**Lunch**  
**\$2.95**  
A Variety of Milk is included with Meal

**Milk**  
**\$.50**

Questions about the menu?  
Laura Weisbrod  
arbor@dist50.net  
847-856-4162

For more information or to "Ask the Dietitian", check out our website!



Available Daily at Elementary & Intermediate  
Hot Dog  
Sub Sandwich  
Garden Salad  
Sunbutter and Jelly

(\*) Contains Pork  
(\*\*) Served With a Roll  
Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.