

Woodland SD 50 Primary Lunch Menu

January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Winter Break	2 Winter Break	3 Winter Break
6 Non Attendance Day	7 Grilled Cheese Sandwich Fruits & Veggies	8 Nacho Supreme w/ Taco Meat & Shredded Cheese Black Bean & Corn Salsa Fruit & Veggies	9 Finger Fun French Toast Sticks Crispy Tri-Tater Fruit & Veggies	10 Cheesy Burger Fresh Coleslaw Fruit & Veggies
13 Soft Tacos w/Taco Meat & Shredded Cheese Fruit & Veggies	14 Chicken Nuggets Steamed Broccoli Fruit & Veggies	15 Cheese Pizza on a Whole Grain Crust Fruit & Veggies	16 Pancake on a Stick Baked Potato Rounds Fruit & Veggies	17 Max Cheese Sticks with Dipping Sauce Fruit & Veggies
20 NO SCHOOL Martin Luther King Day	21 Nacho Supreme w/Taco Meat & Shredded Cheese Fruit & Veggies	22 Salisbury Steak w/Smashed Potatoes and Gravy & Roll Fruit & Veggies	23 Baked Pasta with Mozzarella Cheese & Garlic Bread Fruit & Veggies	24 Whole Grain Mini Corn Dogs Fruit & Veggies
27 Max Cheese Sticks With Dipping Sauce Fruit & Veggies	28 Stuffed Crust Cheese Pizza Fruit & Veggies	29 Cheese Quesadilla Refried Beans Fruit & Veggies	30 Homemade Mac & Cheese Steamed Broccoli Fruit & Veggies	31 Mini Corn Dogs Fruit & Veggies

Lunch \$3.00 Milk is included with Meal	Milk \$.50 A Variety of Milk is Available Daily
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Questions about the menu?
 Daniel Lyon
 Arbor@dist50.net
 847-856-4162

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.