

Woodland SD 50
Primary School

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Winter Break	Winter Break	Winter Break	Winter Break
7	8	9	10	11
Non Attendance Day	Grilled Cheese Sandwich Fruits & Veggies	Nacho Supreme w/Taco Meat & Shredded Cheese Black Bean & Corn Salsa Fruit & Veggies	Finger Fun French Toast Sticks Crispy Tri-Tater Fruit & Veggies	Cheesy Burger Fresh Coleslaw Fruit & Veggies
14	15	16	17	18
Soft Tacos w/Taco Meat & Shredded Cheese Fruit & Veggies	Chicken Nuggets Steamed Broccoli Fruit & Veggies	Cheese Pizza on a Whole Grain Crust Fruit & Veggies	Pancake on a Stick Baked Potato Rounds Fruit & Veggies	Max Cheese Sticks w/Dipping Sauce Fruit & Veggies
21	22	23	24	25
NO SCHOOL Martin Luther King Day	Nacho Supreme w/Taco Meat & Shredded Cheese Fruit & Veggies	Salisbury Steak w/Smashed Potatoes and Gravy & Roll Fruit & Veggies	Baked Pasta w/Mozzarella Cheese & Garlic Bread Fruit & Veggies	Whole Grain Mini Corn Dogs Fruit & Veggies
28	29	30	31	
Max Cheese Sticks With Dipping Sauce Fruit & Veggies	Stuffed Crust Cheese Pizza Fruit & Veggies	Cheese Quesadilla Refried Beans Fruit & Veggies	Homemade Mac & Cheese Steamed Broccoli Fruit & Veggies	

Lunch
\$2.95
A Variety of Milk is included with Meal

Milk
\$.50

Questions about the menu?
Laura Weisbrod
arbor@dist50.net
847-856-4162

For more information or to "Ask the Dietitian", check out our website!




Make sure to take your Fruits and Veggies

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.