Play Activities to Pull Out of a Hat

1. Hot Potato: (sit or stand and toss a soft ball to music; when the music stops instead of the person being ‘out’, have that person do a dance)
2. Hot/Cold: hide an object and use the hot/cold cue to find it
3. Modified Charade: Everyone takes turns acting out animals or actions and guess what it is.
4. Telephone: say a word and whisper in a line
5. Simon Says (but no one is ‘out’)
6. Body / hand tracing: lay down on a big piece of paper and trace bodies/ or hands
7. Scavenger hunt around the house/ hide pretend easter eggs around the house and find them (the girls can have a basket to put them in)
8. Bake cookies. make jello wiggles; gingerbread men, etc. Make gingerbread houses; or make your own play dough—add fun food coloring.
9. Follow the Leader; walk around the house the way the leader does. Add 'instruments' to increase the noisy fun.
10. Make a family collage: put a big piece of paper on the table and everyone contributes to the same picture: you can use tissue paper, stickers, cut out pictures from magazines, anything can be put on the collage.
11. Dancing/Freeze
12. Hide and Seek (all too familiar)
13. Bean bag toss: use any soft object, even beanie babies and try to toss them in a bucket.
14. Duck Duck Goose/ Ring Around the Rosie
15. Balloon Toss (this is fun because it is much easier to do than a ball toss and so more success for the children)
16. Parent blows up a balloon and the kids count 1, 2, 3 and let the air out. You can add language to this action (big/small; high/low).
17. Race with cars
18. Use a beach ball to bounce between the kids and parent. The leader decides to bounce or roll.
19. Dress Up / act out a familiar story like Cinderella or Sleeping Beauty
20. Indoor basketball—take turns
21. Play restaurant or birthday party.