

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Menu Name: Woodland Primary Lunch
Site: All Sites

Include Cost: No
Report Style: Detailed

Tuesday - 05/04/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990975 Crispy Chicken Roll-Up, Tyson, P-282832	Each	100	430	5.00	618	*3	17.80	0.00	25	47.30	8.10	19.20	8710	108.0	4.02	4.41
991053 Green Beans, FZ, USDA	1/4 Cup	100	10	0.00	0	0	0.00	0.00	0	2.00	1.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
990204 Applesauce, Swtnd, West Creek, P-228600	1/2 Cup	100	90	0.00	15	18	0.00	0.00	0	23.00	2.00	0.20	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			647	5.75	801	*38	19.05	0.00	32	89.80	11.10	27.90	*9522	*345.5	*7.77	*4.41
% of Calories				8.00%		*23.5%	26.5%	0.0%		55.5%		17.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 05/05/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990108 Turkey and Cheese Sub, MI Turkey P-433691	Each	100	339	6.03	1469	6	13.86	0.03	59	31.38	2.30	22.60	0	178.5	0.00	1.91

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991009 Romaine Salad	1.5 Cup	100	12	0.03	6	0	0.21	0.00	0	2.32	1.48	0.87	6141	23.3	2.82	0.68
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			597	6.81	1769	46	15.32	0.03	67	83.98	5.84	32.03	*6953	*450.5	*6.57	*2.90
% of Calories				10.27%		30.8%	23.1%	0.0%		56.3%		21.5%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 05/06/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991094 Chef Salad, MI Turkey P-466691	Each	100	230	5.77	1012	*1	12.24	0.00	60	12.02	3.20	20.37	8988	270.4	7.77	2.26
990958 Pita Bread, WG, Kronos, P-888838	Each	100	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990046 Peas, Frozen, Simplot Classic	1/4 Cup	100	30	0.00	0	*N/A*	0.00	0.00	0	5.00	2.00	2.00	200	0.0	6.00	0.54
990731 Ranch Dressing, Light, 12 gm, P-385769	Each	100	20	0.00	115	2	1.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991015 Peaches, Diced in Juice, P-862408	1/2 Cup	100	50	0.00	5	10	0.00	0.00	0	12.00	0.00	0.60	300	0.0	3.60	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			637	7.52	1610	*29	19.49	0.00	67	80.52	8.20	35.97	10300	607.9	21.12	4.60
% of Calories				10.62%		*18.2%	27.5%	0.0%		50.6%		22.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 05/11/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990187 SunButter & Jelly Sandwich, B-89a	Each	100	634	4.00	540	33	34.00	0.00	0	64.57	10.00	18.00	0	78.0	0.00	*4.88
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	100	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990274 Pears, Diced in Juice, P-229691	1/2 Cup	100	60	0.00	5	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	1.20	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

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Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			852	4.75	732	*59	35.47	0.00	8	104.94	13.33	27.33	839	316.8	7.14	*5.38
% of Calories				5.02%		*27.7%	37.5%	0.0%		49.3%		12.8%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 05/12/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990518 Cheese Sandwich, Arbor B-38	1 Sandwich	100	360	10.00	1100	6	20.00	0.00	50	30.00	2.00	14.00	0	238.0	0.00	2.00
990523 CELERY STICKS	1/4 Cup	100	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	80	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

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May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			659	11.57	1468	47	26.91	0.00	62	81.39	4.65	22.82	*979	*501.5	*4.90	*2.38
% of Calories				15.80%		28.5%	36.8%	0.0%		49.4%		13.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 05/13/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991024 Hummus & Pita	Each	100	532	2.90	766	4	31.58	0.00	0	49.98	10.59	12.59	0	175.9	0.00	4.53
990359 Romaine Salad	1/2 Cup	100	4	0.00	3	*N/A*	0.00	0.00	0	0.94	0.57	0.28	2410	11.3	1.02	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			713	3.65	1086	*38	32.83	0.00	8	83.42	12.16	21.88	3522	444.8	31.77	5.20
% of Calories				4.61%		*21.3%	41.4%	0.0%		46.8%		12.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Friday - 05/14/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990959 Pizza Munchable, w/ Whole Pita	Each	100	380	7.07	842	5	15.12	0.00	30	40.63	3.93	18.08	900	482.7	4.46	2.80
991053 Green Beans, FZ, USDA	1/4 Cup	100	10	0.00	0	0	0.00	0.00	0	2.00	1.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			585	7.87	1011	*32	16.56	0.00	38	80.67	8.21	27.31	*1834	*741.6	*30.97	*3.08
% of Calories				12.11%		*21.9%	25.5%	0.0%		55.2%		18.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 05/18/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990108 Turkey and Cheese Sub, MI Turkey P-433691	Each	100	339	6.03	1469	6	13.86	0.03	59	31.38	2.30	22.60	0	178.5	0.00	1.91
000256 BROCCOLI,raw: fresh	1/4 Cup	100	8	0.03	8	0	0.08	0.00	0	1.51	0.59	0.64	142	10.7	20.29	0.17
991015 Peaches, Diced in Juice, P-862408	1/2 Cup	100	50	0.00	5	10	0.00	0.00	0	12.00	0.00	0.60	300	0.0	3.60	0.00

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May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	100	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			574	7.81	1704	32	22.20	0.03	72	62.39	2.89	31.84	1254	426.7	27.64	2.08
% of Calories				12.25%		22.3%	34.8%	0.0%		43.5%		22.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 05/19/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991058 Crispy Chicken Salad, Tyson, P-252832	Each	100	257	2.50	467	*1	13.11	0.00	25	18.76	4.43	14.91	4874	65.7	3.54	2.76
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990523 CELERY STICKS	1/4 Cup	100	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00

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May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			507	3.27	791	*42	14.42	0.00	32	70.15	7.09	23.72	*5854	*329.2	*8.44	*3.14
% of Calories				5.80%		*33.1%	25.6%	0.0%		55.3%		18.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 05/20/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990960 SunButter & Jelly Wrap	Each	100	664	6.50	390	31	36.50	0.00	0	67.57	11.00	18.00	0	80.0	0.00	*4.32
991016 BROCCOLI,raw: fresh	3/4 Cup	100	23	0.08	23	1	0.25	0.00	0	4.53	1.77	1.92	425	32.1	60.88	0.50
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990204 Applesauce, Swtnd, West Creek, P-228600	1/2 Cup	100	90	0.00	15	18	0.00	0.00	0	23.00	2.00	0.20	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			905	7.33	720	66	38.00	0.00	8	114.60	14.77	28.12	1238	349.6	64.63	*4.82
% of Calories				7.29%		29.2%	37.8%	0.0%		50.7%		12.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 05/21/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990969 Bean & Cheese Dip	Each	100	205	5.28	588	2	9.76	0.00	25	18.99	5.32	10.40	1000	259.1	12.38	1.71
990544 Tortilla Chip, 1.6 oz bag, El Sabroso, P-583986	Bag	100	210	1.00	180	0	12.00	0.00	0	25.00	2.00	3.00	0	40.0	0.00	0.72
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			623	7.08	963	*30	23.24	0.00	33	84.90	11.62	22.35	6746	569.2	39.79	3.02
% of Calories				10.23%		*19.3%	33.6%	0.0%		54.5%		14.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Tuesday - 05/25/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991060 Chicken Ranch Salad, Crispy, Tyson P-252832	Each	100	259	2.50	523	*2	13.50	0.00	25	18.37	4.13	14.57	4819	57.7	2.04	2.61
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990274 Pears, Diced in Juice, P-229691	1/2 Cup	100	60	0.00	5	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	1.20	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			448	3.26	723	*30	14.80	0.00	32	52.75	7.15	22.79	10443	306.3	7.90	3.28
% of Calories				6.55%		*26.8%	29.7%	0.0%		47.1%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 05/26/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990960 SunButter & Jelly Wrap	Each	100	664	6.50	390	31	36.50	0.00	0	67.57	11.00	18.00	0	80.0	0.00	*4.32
000377 CUCUMBER,RAW, Sliced	1/4 Cup	100	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			913	7.27	685	71	37.80	0.00	8	118.50	13.27	26.74	*834	*332.9	*4.70	*4.69
% of Calories				7.17%		31.1%	37.3%	0.0%		51.9%		11.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 05/27/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990182 Strawberry Yogurt, Upstate Farms, P-74086	1/2 Cup	100	90	0.00	50	15	0.00	0.00	0	19.00	0.00	3.00	0	200.0	0.00	0.00
990698 String Cheese Mozz Stick, BONGARDS, P-574456	Each	100	80	3.50	200	0	6.00	0.00	15	0.00	0.00	6.00	0	150.0	0.00	0.00
990072 Mini Cinnamon Rolls, WG, Pillsbury, P-285458	65 g=1 Each	100	240	1.50	270	15	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			600	5.76	865	66	14.30	0.00	22	93.38	4.01	23.22	5924	658.7	31.66	2.11
% of Calories				8.64%		44.0%	21.4%	0.0%		62.3%		15.5%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 05/28/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990959 Pizza Munchable, w/ Whole Pita	Each	100	380	7.07	842	5	15.12	0.00	30	40.63	3.93	18.08	900	482.7	4.46	2.80
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	100	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			615	7.87	1030	*31	16.78	0.00	38	87.54	8.54	28.14	1860	742.9	33.16	3.22
% of Calories				11.52%		*20.2%	24.6%	0.0%		56.9%		18.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	658	7	1064	*44	23.14	0.00	35	85.93	8.86	26.81	*4540	*474.9	*21.88	*3.62
% of Calories		8.89%		*26.7%	31.7%	0.0%		52.2%		16.3%				

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.