

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Menu Name: Woodland Elementary Lunch **Include Cost:** No
Site: All Sites **Report Style:** Detailed

Tuesday - 05/04/2021 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991025 Cheese Roll-Up	Each	20	393	12.62	960	4	22.72	0.00	51	33.05	3.00	14.12	0	242.5	0.00	1.44
990975 Crispy Chicken Roll-Up, Tyson, P-282832	Each	80	430	5.00	618	*3	17.80	0.00	25	47.30	8.10	19.20	8710	108.0	4.02	4.41
991053 Green Beans, FZ, USDA	1/4 Cup	100	10	0.00	0	0	0.00	0.00	0	2.00	1.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
990204 Applesauce, Swtnd, West Creek, P-228600	1/2 Cup	100	90	0.00	15	18	0.00	0.00	0	23.00	2.00	0.20	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			640	7.27	869	*38	20.03	0.00	38	86.95	10.08	26.88	*7780	*372.4	*6.97	*3.82
% of Calories				10.22%		*23.8%	28.2%	0.0%		54.3%		16.8%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/05/2021 Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991024 Hummus & Pita	Each	20	532	2.90	766	4	31.58	0.00	0	49.98	10.59	12.59	0	175.9	0.00	4.53
990108 Turkey and Cheese Sub, MI Turkey P-433691	Each	80	339	6.03	1469	6	13.86	0.03	59	31.38	2.30	22.60	0	178.5	0.00	1.91
991009 Romaine Salad	1.5 Cup	100	12	0.03	6	0	0.21	0.00	0	2.32	1.48	0.87	6141	23.3	2.82	0.68
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			635	6.18	1629	46	18.87	0.02	55	87.71	7.50	30.03	*6953	*450.0	*6.57	*3.42
% of Calories				8.76%		29.0%	26.7%	0.0%		55.3%		18.9%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Thursday - 05/06/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991093 Garden Veggie Salad, Vegetarian	Each	20	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
991094 Chef Salad, MI Turkey P-466691	Each	80	230	5.77	1012	*1	12.24	0.00	60	12.02	3.20	20.37	8988	270.4	7.77	2.26

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Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991095 Croutons, Seasoned, IW, Fresh Gourmet, P-72994	4 Packets	80	120	0.00	380	4	4.00	0.00	0	20.00	0.00	4.00	*N/A*	12.0	*N/A*	0.00
990958 Pita Bread, WG, Kronos, P-888838	Each	15	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990711 Dinner Rolls, Whole Grain, Split Top, IW, P-472861	Each	5	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990046 Peas, Frozen, Simplot Classic	1/4 Cup	100	30	0.00	0	*N/A*	0.00	0.00	0	5.00	2.00	2.00	200	0.0	6.00	0.54
990731 Ranch Dressing, Light, 12 gm, P-385769	Each	100	20	0.00	115	2	1.00	0.00	0	3.00	0.00	0.00	0	0.0	0.00	0.00
991015 Peaches, Diced in Juice, P-862408	1/2 Cup	100	50	0.00	5	10	0.00	0.00	0	12.00	0.00	0.60	300	0.0	3.60	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			581	7.55	1532	*32	19.74	0.00	65	70.68	5.70	33.76	*10300	567.1	*21.12	3.01
% of Calories				11.70%		*22.0%	30.6%	0.0%		48.7%		23.2%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Tuesday - 05/11/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990187 SunButter & Jelly Sandwich, B-89a	Each	100	634	4.00	540	33	34.00	0.00	0	64.57	10.00	18.00	0	78.0	0.00	*4.88
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	100	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14

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May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990274 Pears, Diced in Juice, P-229691	1/2 Cup	100	60	0.00	5	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	1.20	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			852	4.75	732	*59	35.47	0.00	8	104.94	13.33	27.33	839	316.8	7.14	*5.38
% of Calories				5.02%		*27.7%	37.5%	0.0%		49.3%		12.8%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/12/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990518 Cheese Sandwich, Arbor B-38	1 Sandwich	20	360	10.00	1100	6	20.00	0.00	50	30.00	2.00	14.00	0	238.0	0.00	2.00
990955 Turkey & Cheese Sandwich, MI Turkey P-433691	Each	80	328	5.69	1501	6	13.68	0.00	59	29.85	1.93	23.17	0	164.2	0.00	2.43
990523 CELERY STICKS	1/4 Cup	100	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	80	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			633	8.12	1789	47	21.86	0.00	69	81.27	4.60	30.15	*979	*442.5	*4.90	*2.72
% of Calories				11.55%		29.7%	31.1%	0.0%		51.4%		19.1%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Thursday - 05/13/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991024 Hummus & Pita	Each	20	532	2.90	766	4	31.58	0.00	0	49.98	10.59	12.59	0	175.9	0.00	4.53
990957 Chicken Salad, Diced Chicken P-372256	1/2 Cup	80	162	1.46	444	0	7.34	0.00	75	2.16	0.39	15.16	57	8.7	0.90	0.42
990958 Pita Bread, WG, Kronos, P-888838	Each	80	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990359 Romaine Salad	1/2 Cup	100	4	0.00	3	*N/A*	0.00	0.00	0	0.94	0.57	0.28	2410	11.3	1.02	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			570	3.30	1077	*35	17.44	0.00	67	69.96	6.40	27.93	3568	391.0	32.49	3.35
% of Calories				5.21%		*24.6%	27.5%	0.0%		49.1%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/14/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990959 Pizza Munchable, w/ Whole Pita	Each	100	380	7.07	842	5	15.12	0.00	30	40.63	3.93	18.08	900	482.7	4.46	2.80
991053 Green Beans, FZ, USDA	1/4 Cup	100	10	0.00	0	0	0.00	0.00	0	2.00	1.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			585	7.87	1011	*32	16.56	0.00	38	80.67	8.21	27.31	*1834	*741.6	*30.97	*3.08
% of Calories				12.11%		*21.9%	25.5%	0.0%		55.2%		18.7%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Tuesday - 05/18/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991026 Cheese Sub	1 Sandwich	20	367	10.34	1058	6	20.11	0.03	50	30.63	2.30	15.23	0	251.0	0.00	1.42
990108 Turkey and Cheese Sub, MI Turkey P-433691	Each	80	339	6.03	1469	6	13.86	0.03	59	31.38	2.30	22.60	0	178.5	0.00	1.91
000256 BROCCOLI,raw: fresh	1/4 Cup	100	8	0.03	8	0	0.08	0.00	0	1.51	0.59	0.64	142	10.7	20.29	0.17
991015 Peaches, Diced in Juice, P-862408	1/2 Cup	100	50	0.00	5	10	0.00	0.00	0	12.00	0.00	0.60	300	0.0	3.60	0.00
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	100	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			580	8.67	1622	32	23.45	0.03	70	62.24	2.89	30.37	1254	441.2	27.64	1.98
% of Calories				13.45%		22.1%	36.4%	0.0%		42.9%		20.9%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/19/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991093 Garden Veggie Salad, Vegetarian	Each	20	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77

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Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990958 Pita Bread, WG, Kronos, P-888838	Each	5	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990711 Dinner Rolls, Whole Grain, Split Top, IW, P-472861	Each	5	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
991095 Croutons, Seasoned, IW, Fresh Gourmet, P-72994	4 Packets	10	120	0.00	380	4	4.00	0.00	0	20.00	0.00	4.00	*N/A*	12.0	*N/A*	0.00
991058 Crispy Chicken Salad, Tyson, P-252832	Each	80	257	2.50	467	*1	13.11	0.00	25	18.76	4.43	14.91	4874	65.7	3.54	2.76
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990523 CELERY STICKS	1/4 Cup	100	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			532	4.85	835	*42	16.20	0.00	38	72.86	7.04	24.31	*6676	*411.0	*9.29	*3.06
% of Calories				8.20%		*31.6%	27.4%	0.0%		54.8%		18.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Thursday - 05/20/2021

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990960 SunButter & Jelly Wrap	Each	20	664	6.50	390	31	36.50	0.00	0	67.57	11.00	18.00	0	80.0	0.00	*4.32
991000 Turkey Ranch Roll-Up, MI Turkey, P-433691	Each	80	384	8.25	1481	6	17.36	0.00	60	36.78	3.00	21.44	0	168.7	0.00	1.94
991016 BROCCOLI,raw: fresh	3/4 Cup	100	23	0.08	23	1	0.25	0.00	0	4.53	1.77	1.92	425	32.1	60.88	0.50
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990204 Applesauce, Swtnd, West Creek, P-228600	1/2 Cup	100	90	0.00	15	18	0.00	0.00	0	23.00	2.00	0.20	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			681	8.73	1593	46	22.69	0.00	55	89.97	8.37	30.87	1238	420.6	64.63	*2.91
% of Calories				11.54%		27.0%	30.0%	0.0%		52.8%		18.1%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/21/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990969 Bean & Cheese Dip	Each	100	205	5.28	588	2	9.76	0.00	25	18.99	5.32	10.40	1000	259.1	12.38	1.71
990544 Tortilla Chip, 1.6 oz bag, El Sabroso, P-583986	Bag	100	210	1.00	180	0	12.00	0.00	0	25.00	2.00	3.00	0	40.0	0.00	0.72

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			623	7.08	963	*30	23.24	0.00	33	84.90	11.62	22.35	6746	569.2	39.79	3.02
% of Calories				10.23%		*19.3%	33.6%	0.0%		54.5%		14.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Tuesday - 05/25/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991024 Hummus & Pita	Each	20	532	2.90	766	4	31.58	0.00	0	49.98	10.59	12.59	0	175.9	0.00	4.53
991060 Chicken Ranch Salad, Crispy, Tyson P-252832	Each	80	259	2.50	523	*2	13.50	0.00	25	18.37	4.13	14.57	4819	57.7	2.04	2.61
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990274 Pears, Diced in Juice, P-229691	1/2 Cup	100	60	0.00	5	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	1.20	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			503	3.34	771	*30	18.41	0.00	28	59.07	8.44	22.40	9480	330.0	7.49	3.67
% of Calories				5.98%		*23.9%	32.9%	0.0%		47.0%		17.8%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/26/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990960 SunButter & Jelly Wrap	Each	100	664	6.50	390	31	36.50	0.00	0	67.57	11.00	18.00	0	80.0	0.00	*4.32
000377 CUCUMBER,RAW, Sliced	1/4 Cup	100	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	50	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			913	7.27	685	71	37.80	0.00	8	118.50	13.27	26.74	*834	*332.9	*4.70	*4.69
% of Calories				7.17%		31.1%	37.3%	0.0%		51.9%		11.7%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Thursday - 05/27/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990931 Hot Turkey & Cheese Sandwich, MI Turkey P-433691	Each	80	419	12.25	1540	5	23.98	0.00	86	30.76	2.00	23.48	300	196.4	0.00	1.51
990182 Strawberry Yogurt, Upstate Farms, P-74086	1/2 Cup	20	90	0.00	50	15	0.00	0.00	0	19.00	0.00	3.00	0	200.0	0.00	0.00
990698 String Cheese Mozz Stick, BONGARDS, P-574456	Each	20	80	3.50	200	0	6.00	0.00	15	0.00	0.00	6.00	0	150.0	0.00	0.00
990072 Mini Cinnamon Rolls, WG, Pillsbury, P-285458	65 g=1 Each	20	240	1.50	270	15	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			607	11.56	1681	46	23.08	0.00	79	71.58	4.01	30.81	6164	503.8	31.66	2.17
% of Calories				17.14%		30.3%	34.2%	0.0%		47.2%		20.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/28/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990959 Pizza Munchable, w/ Whole Pita	Each	100	380	7.07	842	5	15.12	0.00	30	40.63	3.93	18.08	900	482.7	4.46	2.80
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	100	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			615	7.87	1030	*31	16.78	0.00	38	87.54	8.54	28.14	1860	742.9	33.16	3.22
% of Calories				11.52%		*20.2%	24.6%	0.0%		56.9%		18.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages			637	7	1188	*41	22.11	0.00	46	81.92	8.00	27.96	*4434	*468.9	*21.90	*3.30
% of Calories				9.83%		*25.7%	31.2%	0.0%		51.4%		17.6%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.