

WARREN TOWNSHIP YOUTH AND FAMILY SERVICES

In addition to free counseling services we provide a variety of specialized programs.

Is your child dealing with issues of anxiety or impulsive?

Does your child have difficulty making new friends?

Do you want to feel more confident in your parenting?

Do you want to learn how to better manage your money?

Look at some of the programs starting soon...

YOGAKIDS—Reduce Stress, Build Strength

Natural way for children to learn how to better deal with anxiety, stress or impulsivity.

Starts 2/2 - 3/9

Friendship Social Skills Group

Perfect for children who are shy or lack confidence and need a safe place to practice some basic social skills. Fun and interactive.

Free—starts 2/24 - 4/21

Success In School—Learning through experience

OMNI Youth Services is facilitating a wonderful group for children who want to feel more confident working in a group setting by learning to problem-solve in a series of fun, interactive activities.

Starts 2/11 - 2/25

Parents and adults...

6 Easy Steps: Parents and kids work it out

For parents and their youth (13-18) to learn a win-win approach to solving conflicts in this informative and interactive program.

Free - 1/25

How to Make and Stick to a Budget

This one evening workshop provides parents with some easy to use information for better managing their own budget.

Free - 1/27

Parenting Teens

Common sense approaches to parenting your children ages 13-18.

Starts 1/28 - 3/4

Love and Logic Parenting

Program introduces parents to the L&L approach to parenting children ages birth - twelve.

Starts 2/1 - 3/15

Recapturing Sexual Intimacy

This very popular workshop is back and helps educate couples on how to enhance their emotional and physical connection.

Starts 2/10-2/17

REGISTRATION AND QUESTIONS: Call for more information or register [ONLINE](http://www.wtysprograms.eventbrite.com) (www.wtysprograms.eventbrite.com)

Most programs are free or nominal cost to Warren Township residents. Non-residents can participate in most of the programs for free or a Non-resident (NR) fee.

Warren Township Youth and Family Services

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www.warrentownship.net