

THE ADHD ROUNDTABLE

Monthly meeting for parents of children with issues of impulsivity and inattentiveness

Jan 19 Managing ADHD—A Strength Based Approach

Learn how to build on the strengths of ADHD and help your child further develop their skills.

Dr. Chinni Chilamkurti, Licensed Clinical Psychologist

Other meetings

Each Roundtable discussion begins with a presentation, followed by Q&A and support from other parents. Parents are encouraged to try new strategies and report back their successes and challenges. The monthly group is free and parents may attend as they wish.

Day: Tuesday **Fee:** None
Time: 6:30-8:00 pm **Location:** Youth Services

Registration: Call 847-244-1101 ext. 401
or

[CLICK AND REGISTER](#)

To see other programs available, visit us at
Warren [Township Youth and Family Services](#)

Warren Township Youth and Family Services
17801 W. Washington St.
Gurnee, IL 60031
www.warrentownship.net
847-244-1101 ext. 401

Feb 16 Understanding The Body of Special Education

Law... From Head to Toe

Learn about the role of the law in special education and how to work effectively to develop the optimal special education program for your child.

Maureen Lowry-Fritz, J.D., M.A.

March 16 Yoga Poses that Help Children with ADHD

Parents will be presented simple poses and movements that they can teach to their children to better manage frustration and attention.

Heidi Droessler, Certified in YogaKids[®]

April 20 Impact of ADHD on Relationships

Overview of the impact that ADHD has on forming peer and other relationships from childhood through youth.

Staff Therapist