



Lunch \$2.00
Milk 55¢

OCTOBER 2009

WOODLAND SCHOOL DISTRICT 50

INTERMEDIATE SCHOOL

LUNCH MENU




OFFERED DAILY
Sub Sandwich
Student Chef Salad
Tossed Salad
Assorted Grains/Breads
Milk Choice

Looking for a part time job?
Opportunities available at Woodland School District Food Service
Call Judy at 847-856-4162
For more information

Questions about the menu?
Call 847-856-3408

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

We recommend payments to your **DEBIT** account be made by check payable to **Woodland SD 50** or pay on-line at **dist50.net**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CHEESE PIZZA OR CHICKEN PARMESAN over Noodles GARDEN SALAD w/Low Fat Dressing CRISP APPLE WEDGES	2 HAMBURGER on a Bun OR HOT DOG on a Bun CARROT & CELERY STICKS MANDARIN ORANGES
5 CHICKEN NUGGETS OR SALISBURY STEAK WHIPPED POTATOES w/Gravy SWEET PEARS WHOLE GRAIN ROLL	6 MEATBALL BOMBER w/Marinara Sauce & Cheese OR CHICKEN SANDWICH SEASONED GREEN BEANS DICED PEACHES Ice Cream Day Cash or Debit \$1.50	7 FRENCH TOAST STICKS w/Syrup & Turkey Sausage Patty OR HOT DOG on a Bun CHILLED APPLESAUCE 100% ORANGE JUICE	8 PIZZA DIPPERS OR CHICKEN FAJITAS STEAMED DICED CARROTS MIXED FRUIT CUP	9 <i>INSTITUTE DAY</i> <i>NO STUDENT ATTENDANCE</i>
 COLUMBUS DAY	13 CHICKEN NUGGETS w/Whole Grain Roll OR HAMBURGER on a Bun WHIPPED POTATOES w/Gravy FRESH ORANGE SMILES Ice Cream Day Cash or Debit \$1.50	14 NACHO SUPREME OR TURKEY & CHEESE WRAP CARROTEENIES 100% PINEAPPLE JUICE	15 HOT DOG on a Bun OR CREAMY MACARONI & CHEESE WHOLE GRAIN ROLL SEASONED GREEN BEANS CHILLED APPLESAUCE	16 TONY'S CHEESE PIZZA OR BEEF & BEAN BURRITO w/Salsa GARDEN SALAD w/Lite Italian Dressing SWEET PEARS
19 CORN DOG NUGGETS OR SLOPPY JOE on a Bun VEGETARIAN BAKED BEANS 100% ORANGE JUICE	20 PASTA w/Meat Sauce OR CHICKEN NUGGETS w/Soft Breadstick GARDEN SALAD w/Low Fat Dressing DICED PEACHES Ice Cream Day Cash or Debit \$1.50	21 TONY'S CHEESE PIZZA OR HOT DOG on a Bun SEASONED GREEN BEANS CHILLED APPLESAUCE	22 BEEF TACO w/Shredded Lettuce OR CHEESEBURGER on a Bun WHOLE KERNEL CORN MIXED FRUIT CUP	23 CHICKEN SANDWICH OR BEEF RAVIOLI GARLIC BREADSTICK STEAMED DICED CARROTS 100% FRUIT JUICE PUNCH
26 PANCAKES & SYRUP HAM SLICE OR MEATBALL BOMBER w/Marinara Sauce & Cheese TATER TOTS CHILLED APPLESAUCE	27 CONEY ISLAND CORN DOG OR SALISBURY STEAK WHOLE GRAIN ROLL WHIPPED POTATOES w/Gravy SEASONED GREEN BEANS Ice Cream Day Cash or Debit \$1.50	28 NACHO SUPREME OR HAM & CHEESE WRAP WHOLE KERNEL CORN 100% ORANGE JUICE	29 ROAST TURKEY w/Gravy BUTTERMILK BISCUIT OR HAMBURGER on a Bun GARDEN PEAS SWEET PEARS	30 "BARE BONES" PIZZA STICKS w/Bloody Dipping Sauce CREEPY CRUNCHY CARROTEENIES SWAMP JUICE (APPLE JUICE) GRAVE DIGGERS DIRT CUP (PUDDING CUP)

Milk Variety Served Daily

** Please Note**

* Contains Pork

Menu changes may be necessary. Notice will be given when possible.