



Lunch \$2.00
Milk 55¢
Bonus Fries 85¢
w/complete lunch





JANUARY 2010
WOODLAND SCHOOL DISTRICT 50
MIDDLE SCHOOL
LUNCH MENU



OFFERED DAILY
Sub Sandwich
Student Chef Salad
Tossed Salad
Assorted Grains/Breads
Milk Choice

Looking for a part time job?
Opportunities available at
Woodland School District
Food Service
Call Judy at 847-856-4162

Questions about
the menu?
Call 847-856-3408
A comprehensive
Nutrition & Allergy
Guide is
available in the Food
Service Office.
We recommend
payments to your
DEBIT
account be made by
check
payable to
Woodland SD 50
or pay on-line at
dist50.net

Monday	Tuesday	Wednesday	Thursday	Friday
4 INSTITUTE DAY NO SCHOOL	5 MEATBALL BOMBER w/Marinara Sauce & Cheese *BAKED BEANS DICED PEACHES	6 <u>NACHO DAY</u> FRENCH TOAST STICKS w/Syrup & Turkey Sausage Patty OR HOT DOG CHILLED APPLESAUCE FRESH ORANGE WEDGES	7 CONEY ISLAND CORN DOG CARROT COINS 100% FRUIT JUICE PUNCH	8 PIZZA DIPPERS w/Dipping Sauce OR CHEESEBURGER POTATO ROUNDS SWEET PEARS
11 *BBQ RIB SANDWICH *BAKED BEANS MANDARIN ORANGES	12 CHICKEN NUGGETS w/Whole Grain FRESH BABY CARROTS 100% APPLE JUICE	13 <u>NACHO DAY</u> HAMBURGER WHIPPED POTATOES w/Gravy BANANA HALF	14  CREAMY MACARONI & CHEESE WHOLE GRAIN ROLL SEASONED GREEN BEANS TROPICAL PINEAPPLE	15 CHEESE PIZZA SLICE OR BEEF & BEAN BURRITO w/Salsa WHOLE KERNEL CORN FRESH APPLE WEDGES
18  NO SCHOOL Martin Luther King Birthday	19 PASTA w/Meat Sauce SOFT BREADSTICK GARDEN SALAD w/Dressing CHILLED APPLESAUCE	20 <u>NACHO DAY</u> CHICKEN NUGGETS SEASONED GREEN BEANS DICED PEACHES	21 BEEF TACO w/Shredded Lettuce WHOLE KERNEL CORN 100% ORANGE JUICE	22 CHICKEN SANDWICH OR UNO'S PIZZA CARROT COINS FRESH APPLE WEDGES
25 *BBQ RIB SANDWICH POTATO ROUNDS MANDARIN ORANGES	26 GRILLED CHEESE SANDWICH STEAMED CARROTS CHILLED APPLESAUCE	27 <u>NACHO DAY</u> NACHO SUPREME w/Salsa WHOLE KERNEL CORN 100% APPLE JUICE	28 SALISBURY STEAK w/Gravy SEASONED GREEN BEANS WHOLE GRAIN ROLL MIXED FRUIT	29 PIZZA DIPPERS w/Dipping Sauce OR HOT DOG GARDEN PEAS FRESH ORANGE WEDGES



Milk variety offered daily.

** Please Note **

Menu changes may be necessary. Notice will be given when possible.

* Contains Pork